

Information for students

Finding ways to help you memorise

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The more you try to remember, the more you will learn.

- When you hear a good idea or see something that is new, decide what bits you need to remember.
- For each new bit of information, think of a way you can remember it, for example:
 - Can you make a picture of it in your mind?
 - Does it remind you of something in particular?
 - Does it link with something else you know?
 - Can you say it over several times to yourself?
 - Can you make a summary of it?



For more Information

If you require further information please contact:

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