

Information for students

Body signals that helps your interaction with friends and family

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- Establish eye contact that is friendly.
- Shake hands firmly whilst maintaining eye contact.
- Use a person's name when talking to him or her.
- Smile to others as you are talking to them.
- Look people in the face when talking to them.
- Speak clearly and at a comfortable pace.
- Stand up tall or sit straight in your chair or wheelchair.
- Use a friendly, interesting and questioning tone of voice.
- Respect a person's personal space. Stand or sit about one arm's length away from the person you are talking to.
- Conclude the conversation by saying goodbye.



For more Information

If you require further information please contact:

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